

**THE PSYCHOLOGICAL STRUCTURE OF THE MAIN
CHARACTER IN NOVEL IT ENDS WITH US
BY COLLEEN HOOVER**

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ABSTRACT

This research aims to analyze the psychological structure of the main character, Lily Bloom, in the novel *It Ends with Us* by Colleen Hoover. This research discovered the character structures of the Id, Ego, and Superego in the main character, which produced the most dominant psychological structure based on Sigmund Freud's theory. The researcher used a qualitative descriptive method based on the novel's dialogue and English story descriptions. *It Ends with Us* was the primary data source in this research. This research identifies ten results that show that the id dominates Lily Bloom's character. Lily Bloom shows a psychological structure resulting from her past trauma, trauma caused by violence perpetrated by her father and husband. Each of these five results identified that Lily Bloom is dominated by Id.

Keywords: Psychological structure, characters, Psychoanalysis, Id, Ego, Superego

INTRODUCTION

Literary psychology is a sub-field of academic studies that examines and interprets literary works, creators of literary works, and readers using a variety of psychological theories and notions. According to this idea, conflicts that foster the growth of human character form the basis of human personality development based on motivation, emotions, and other components of personality.

One of the central concepts in literary psychology that has been advanced based on Sigmund Freud's theories is "filtering." According to Freud, literary works might be seen as unconscious expressions, like dreams. Carl Gustav Jung, a pupil of Sigmund Freud, explained the evolution of analytical psychoanalysis and defined it as a technique for exploring a person's subconscious and furthering the individuation process. Researchers select personality structures to be examined using Psychoanalysis theory because psychoanalysis addresses the personality structure in every human being.

Humans have three psychological structures: the Id, Ego, and Superego; according to Sigmund Freud, the Id is defined as the level of consciousness (Unconscious) or unconscious, the Ego is defined as the level of consciousness (Conscious), and the Superego is the level of consciousness (Pre-conscious). This idea asserts that each person has a unique personality structure in line with how personality structure is understood. Even though humans are considered to have the same personality structure, each element of that structure plays a role in forming their characteristics. According to Ja'far, S. (2015), a human personality can differentiate himself from everything that surrounds him, has self-awareness, and understands his social functions.

This proves that every formation of a human's characterization is influenced by understanding what they have experienced. Humans tend to take lessons from what they have experienced in their lives to determine their next life. Apart from that, humans also change with the many experiences they have during their lives. Like the character Lily Bloom, who is the main character in the novel *It Ends with Us*, has a personality structure that is formed from issues of social and internal trauma that she experienced during her life; these two aspects shape Lily Bloom into a person who has a personality structure that is dominated by the Id. Social issues according to Bowlby & Ainsworth (2013:759-775) The attachment theory developed by John Bowlby (2013:759-775) describes how early experiences with attachment impact romantic relationships as adults.

Problems such as attachment security and loss phobia could be significant, and this is in line with what Lily Bloom experienced with the issue of family and partner trauma, which influenced her personality in feeling afraid about the future and influencing the decision to continue living in the future. Internal human issues are directly related to human needs; according to Maslow, these needs drive human behavior and play a role in comprehending internal human problems, particularly when fulfilling desires and realizing one's potential. In line with this understanding, the issue of Lily Bloom's internal trauma is how Lily Bloom fights herself to make a decision that is safe for her, to fulfil her desires and desires that exist within her.

According to Juan Wang (2020), the mission of Id is to follow the pleasure principle to meet the instinctive needs. Freud's psychoanalytic theory states that the aspect of the psyche associated with instincts and subliminal biological drives known as the Id, predicated on the ideas of pleasure and avoiding discomfort, is the most primal and fundamental aspect of the personality. The Id represents basic impulses or drives, such as libido, cravings, and instincts. The Id is used in spontaneous behaviors and intuitive drives without considering pre-existing principles and standards; it is even blind to reality and seeks to satisfy its cravings as quickly as feasible. It operates without considering moral norms or environmental realities. It focuses solely on the satisfaction of impulses, regardless of whether the behavior is social or ethical.

The Ego follows the reality principle, whose duties are adaptation and submission, according to Juan Wang (2020). The Ego serves as a middleman or arbitrator between the Id and the Superego by deciding which is most practical and doesn't hurt the person, assessing whether the Id's wishes can still be satisfied but within the values and boundaries so that the Superego may be satisfied. The Ego functions as a middleman or arbitrator between the Id and the Superego by deciding which is more sensible and does not hurt the person, assessing whether the Id's wishes can still be satisfied but within the values and bounds so that they can be accepted. The Ego's operation can be observed in how people control their wants and deliberate over their choices without having to cause harm to themselves.

The Superego represents the social mores and moral principles learned and imbued by the environment and experiences throughout life. According to Jamal & JaF (2023), The Superego is responsible for the moral aspect that pushes a person to do well. According to Shah & Alias, A. (2023:236-246), personality is a process through various elements such as emotions, opinions, culture, and relationships that make a person unique from others. This psychoanalytic approach is helpful in study and everyday life so that people can understand how to deal with issues and live more fulfilling lives.

Therefore, in this research, the researcher discusses the psychological structure that determines the main character who experiences trauma, making it challenging to

decide on their following path in life. Based on the description above, researchers are interested in analyzing the psychological characters in *It Ends with Us*. It is a novel by Colleen Hoover because a lot of dialogue contains psychological character studies. This research aims to analyze the psychological structure of the main character in the book *It Starts with Us* by Colleen Hoover and find out which psychological structure dominates her.

As adults, women and men usually take on gender roles as husbands, fathers, wives, and mothers. In our culture, the man and woman are connected as family starts with marriage, which both have related to social roles. The man will be the husband, and the woman will be the wife, according to Tawami (2022:165-174). Lily Bloom's psychological trauma is based on her parents' domestic problems. Psychological trauma, according to Januarti (2023:28-37), Trauma is emotional and psychological stress in general due to unpleasant events or experiences related to violence. As explained by Tawami, Lily Bloom also has to face adulthood, namely becoming a wife and mother. At this time, Lily Bloom experienced difficulties choosing her adult life, which was not as easy as she imagined. Her parents made it difficult for Lily to decide what kind of relationship and family she wanted. She is now experiencing the trauma experienced by her mother. When she shares it, Lily Bloom chooses between maintaining her marriage relationship or ending it immediately. This choice is closely related to Sigmund Freud's theory that Lily Bloom went through the id, ego, and superego processes when she decided.

Previous research by Riva, Naidas, Flores, Agum, & Aclan (2022:1-15) used a biographical approach and attachment theory, revealing the novel's parallel motifs alongside the author's account. Previous research by ASILAH (2023) used Carl Gustav's theory, producing similarities in persona and shadow. Previous research by Lestari, Setyowati, & Yukesti (2019:1(2)) discusses the study of Feminism in the main female character in this novel, resulting in aspects such as being a strong woman after experiencing the dominance of private patriarchy in her family and being a victim of violence. The difference between this article and the previous article is that this article focuses more on discussing the psychological structure experienced by the main character after the trauma he faced and also analyzing which psychological structure dominates the main character. This research also investigates the main character based on the people around him so that researchers can determine the main character's personality.

METHODS

This study used a qualitative descriptive method. The illustrative technique is a method of problem-solving that involves describing the subject or research target through literary works. A qualitative descriptive approach was selected, as it is suited to eliciting insights about phenomena that are not well understood Kim (2017:23-42). However, Qualitative description informed by naturalistic inquiry offers novice researchers an accessible and practical means to explore essential research problems, according to Cutler & Sim (2023:31).

The study's source material is Colleen Hoover's book *It Ends with Us*. The data used in this study are statements and actions related to the main character's personality structure based on a review of Sigmund Freud's theory—which maintains that every main character in Colleen Hoover's novel *It Ends with Us* has an Id, Ego, and Superego. There were several steps involved in the data collection process: (1) Selecting text to determine whether the data matched the research objectives, (2) Classifying the personality structure

data of the main character Lily Bloom in Colleen Hoover's novel *It Ends with Us*, whether it was following Sigmund Freud's personality structure theory. (3) After the data is classified, then the data is interpreted to be developed according to the theoretical concept. (4) The personality structure of the main character, Lily Bloom, is found in the novel *It Ends with Us* by Colleen Hoover.

RESULTS

The research uses a literary work, a series entitled "It Ends with Us." The result found the Id, Ego, and Superego of the Main Character, Lily Bloom. In the case of these structured characters, it means that Lily Bloom experienced Id, Ego, and Superego in her life. There are personality structures found in the case:

Table 1. The results of the Psychological Structure analysis

No	Structure Psychology	Finding
1	Id	5
2	Ego	1
3	Superego	4

The data shows that the Id dominates the main character, Lily Bloom, in the novel *It Ends with Us* with more results than the Ego and Superego, so the results found have been calculated based on an analysis in line with Freud's theory.

DISCUSSION

Table 2. The character structure of the main character

No	Id	Ego	Superego	Explanation
1	But I just couldn't watch him walk back to his house without offering him something (Id)	I called his name and when he stopped and turned around I said, "If you hurry, you can take a shower before they get home." (ego)	Now, Ellen I know what I did next was stupid, so you don't have to tell me (Superego) My heart was beating so fast, because I know how much trouble I could get into if my parents came home and found a homeless guy in our shower. I'd probably very well die (superego)	As a result, the Ego negotiates with the Id and Superego so that the Ego complies with the Id. Lily Bloom ignores the rules or norms in his family to obey her Id. (IEWU,2016:31)

2	"I've wanted to go back to your roof on more than one occasion since that night (Id)	But I was too scared you'd be there (Ego)	You make me kind of nervous. (Superego)	As a result, the Ego negotiates with the Id and Superego so that the Ego complies with the Superego. Lily Bloom postponed her wish because she was afraid that Ryle was there; according to her, the last meeting with Ryle was awkward, so if she left, she would be embarrassed. (IEWU,2016:31)
3	If I had access to a gun or knife right now, I'd kill him. (Id)	I'm straight out the back door and across the backyard (Ego).	But he saw me walk into the living room and he stopped, she never wants me to see her like this (Superego)	As a result, the Ego negotiates with the Id and Superego so that the Ego complies with the Superego. The superego here explains Lily's family norms; her parents don't want Lily to see what happened to her parents. (IEWU,2016:58)
4	even though my body is starting to trade sides and beg my mind to cave to him (Id).	I gasp at both his proximity and his persistence. "Please?" he says. I shake my head (Ego)	"Did you seriously just knock on twenty-nine doors so you could tell me that the thoughts of me is making your life hell and I should have sex with you so that you'll never have to think of me again? Are you kidding me right now?" He folded a his lips together and, after about five seconds of	As a result, the Ego negotiates with the Id and Superego so that the Ego complies with the Superego. The Superego explains how Ridiculously Ryle knocked on twenty pops of doors to say he wanted Lily. (IEWU,2016:64)

thought, he slowly nods his head. "Well.. yeah, but.. is sound way worse when you say it." I realize an exasperated laugh. "That's because it's ridiculous, Ryle."
(Superego)

5	He looks at me while he's counting out his money. "Lily, do you know that it's custom for a new business to frame the first dollar they make?" I nod. Of course I know that. He knows I know that. He's just rubbing it in my face that his dollar will be the one farmed on my wall for the life of this store. I almost encouraged Allysa to give him a refund (ID)	I have to leave my wounded pride out of it (Ego) .	but this is business (Superego) .	As a result, the Ego negotiates with the Id and Superego so that the Id submits to the Superego. The Ego here explains that Lily must leave pride out of it.. (IEWU, 2016:73)
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6	Every time he enters me, he whispers another apology. And by some miracle (Id)	In a matter of one second, Ryle's arm came out of nowhere and slammed against me, knocking me backward. There was enough force behind it to knock off me balance. When I lost my footing, I hit my face on one of the cabinet foot	I start shaking my head, wanting the last fifteen seconds to go away. Fifteen seconds. That's all it takes to completely change everything about a person. (Superego)	As a result, the Ego negotiates with the Id and Superego so that the Ego complies with the Id. Id here explains that she cannot be angry when she is near Ryle because she wants to be loved by her husband. (IEWU,2016:173)
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handles as I came down.
Pain shoots through the corner of my eye, right near my temple.
"Goddammit, Lily," I hear him say. "It's not funny. This hand is my fucking career."
"Oh, God. Lily." He tries to pull my arms from my head, but I refuse to budge **(Ego)**

7	I laugh. "Are you kidding me? Of course. I'd marry him tonight." (Id)	"Ryle just got home." He closes the door behind him and then I grin and say, "Wait. Let me rephrase that, Mom. My husband just got home." (Ego)	"Are you sure about this Ryle?" (Superego)	As a result, the Ego negotiates with the Id and Superego so that the Ego complies with the Id. The id here proves that Lily's desire to get married was fulfilled with a sentence that suggests they are already married. (IEWU,2016:210)
8	"You feel," He says calmly. "About five minutes ago. Right after i found out what a fucking liar i married." He places something on my pillow next to me. "If you need anything, I'm sure you can call this number." "Ryle." I sob. (Id)	"I swear, Ryle. You overreacted before giving me the chance to explain," I say to him. "Now get the fuck out of my apartment." (Ego)	My phone. Atlas's number. The stairway. I grabbed his shirt. He pushed me away. "You fell down the stairs." But, I didn't fall. He pushed me. Again. That's twice. You pushed me, Ryle. (Superego)	As a result, the Ego negotiates with the Id and Superego so that the Ego complies with the Superego. The superego here shows the norm that violence is not a good thing; Lily realizes her husband's mistake. (IEWU,2016:216) (IEWU,2016:217)

9	And now, here I am with bruises and cuts on my body at the hands of the man who is supposed to love me (Id). At the hands of my own husband.	But I didn't leave (Ego).	I swore I wouldn't let it happen again. I swore to him and to myself that if he hurt me again, I would leave. (Superego)	As a result, the Ego negotiates with the Id and Superego so that the Ego complies with the Id. Here, id shows Lily's desire to be loved by her husband, so she forgives her husband's mistakes. (IEWU,2016:227)
10	"Please don't do this." His voice is pleading, and I hate that he's been holding on to hope I would eventually take him back. (Id)	For the relationship I hope she builds with her father. I don't make this decision for me and I don't make it for Ryle. I make it for her. "Ryle?" When he glances at me, he's smiling. But when he assesses the look on my face, he stops. "I want a divorce." (Ego)	I look at Emerson, and I look at Ryle. And I know that I have to do what's best for her (Superego).	As a result, the Ego negotiates with the Id and Superego so that the Ego complies with the Superego. The superego here shows that for the good of her child, Lily must stop the problems with her husband so that her husband and children end up like Lily and Lily's father. (IEWU,2016:338)

The data shows the personality structure of the main character Lily Bloom. This indicates that Lily Bloom goes through different conditions. The table shows that Lily Bloom goes through Id, Ego, and Superego, which suggests that Lily Bloom has a diverse personality structure. The most prominent among Lily Bloom's personality structures are the Id in the form of desire, lust, and passion. Then, Lily Bloom also shows that the Superego begins to emerge at the end of the novel, in contrast to the Id, which almost dominates Lily's entire personality. Apart from that, the ten Id, Ego, and Superego experienced by Lily Bloom prove that the Id dominates her. Apart from that, the environment around Lily Bloom impacts her. The id is also based on trauma and experiences in life, so these two things combine to become one reason why the id dominates Lily Bloom.

This analysis uses a review of Sigmund Freud's theory that every human has a personality structure to understand humans. Understanding personality means understanding me, myself, and humans (Hashanah, 2015: 110-124). Findings and explanations about the personal structure presented by Lily Bloom, namely Id, Ego, and

Superego. Following Sigmund Freud's theory, the author found Lily Bloom's most dominant personality structure, the Id.

CONCLUSION

This article focuses on the personality structure of the main character, Lily Bloom, in the novel *It Ends with Us* with Sigmund Freud's theory of personality structure theory. The findings of this research summarize that there are ten cases of personality structure in the main character, Lily Bloom, based on Sigmund Freud's personality theory. In the novel *It Ends with Us*, it is discovered that Lily Bloom's personality goes through stages by Sigmund Freud's theory, namely Id, Ego, and Superego, which results in a decision to continue her life. Apart from that, Lily Bloom is dominated by Id. In every situation, Lily Bloom relies on her Id. She has many conflicts, and the Superego should be the one who decides, but Lily uses the Id to fulfil her desires. These ten cases show that Lily Bloom is dominated by the Id, which is also driven by her life experiences, experiences gained from the surrounding environment.

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